



9th AFRICAN SWIMMING CHAMPIONSHIPS
JOHANNESBURG, SOUTH AFRICA
1 – 7 DECEMBER 2008



INTENTION TO COMPETE

Please confirm your Federation's intention to participate at the 9TH African Swimming Championships in Johannesburg, South Africa by marking the appropriate box.

- Our Federation is not planning to attend.
- Our Federation may attend and would like to receive further information on the competition.
- Our Federation is definitely planning to attend and would like to receive further information on the competition.

Number of Swimmers that may attend: _____

Number of Open Water Swimmers that may attend: _____

Number of Support Personnel that may attend: _____

Federation: _____

Contact Name: _____

Postal Address _____

E-mail Address: _____

Phone: _____

Fax: _____

Please return this form via Fax: +27 11 402 2486 / +27 866 159979 or

E-mail: dave@swimsa.co.za

**Intention to compete forms are required to be returned no later than
Friday 12 September 2008**



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General Information and Rules

Championship Rules and Regulations of CANA

GENERAL

- 1 The Championships shall be governed by the CANA Constitution and FINA Rules and Regulations. In cases of conflict in interpreting the rules, the English text shall prevail.
- 2 The Championships will be open to all CANA affiliated Federations, which are in good standing with CANA.
- 3 Any athlete who participates in the championship events must be a citizen of the member country the athlete represents, in accordance with the FINA Rules. This will be verified by the submission of their passports.
- 4 The validity of an event shall depend on the number of athletes entered for the event; this shall be entrants from at least five countries, in individual and team events. Where this criteria is not met, the event may be cancelled at the discretion of the CANA Bureau.
- 5 The competition will take place in a 50m pool. There will be a 25m warm up pool available. The swimming competition will take place at the Ellis Park Aquatic Centre, Johannesburg. The 5km Open Water Competition will take place on the 7th December at Victoria Lake, Germiston.
- 6 Automatic Officiating Timing Equipment with a scoreboard will be used together with semi-automatic back-up timing.
- 7 Preliminary Entry form participating Federations must be received by the 29th September 2008. Named Entries must be received by no later than the 8th November 2008.
- 8 There will be heats in the morning session and finals in the evening session as determined by the number of entries per event. The 800m and 1500m Freestyle events for Men and Women will be swum as timed finals, the slower finals in the morning session and the fastest in the evening.
- 9 Technical Meeting for Team Manager's will be held on the 30 November 2008 at 15:00, at the Ellis Park Aquatic Centre.
- 10 All participants will receive a certificate of participation. Medals will be awarded to the first three placed swimmers in each event.

