

FEDERATION ROYALE MAROCAINE DE NATATION



X^e CHAMPIONNATS D'AFRIQUE SENIOR DE NATATION

Casablanca 13th – 19th September 2010



PROGRAMME

Number of Swimmers per event : 2 per country

DAY 1

13 September 2010

10:00 Preliminaries		
Event N°	Event	Gender
1	100m Freestyle	Women
2	100m Breaststroke	Men
3	400m IM	Women
4	200m Freestyle	Men
5	50m Backstroke	Women
6	50m Backstroke	Men
7	4x200m Free Relay	Women

17:00 Finals		
Event N°	Event	Gender
1	100m Freestyle	Women
2	100m Breaststroke	Men
3	400m IM	Women
4	200m Freestyle	Men
5	50m Backstroke	Women
6	50m Backstroke	Men
7	4x200m Free Relay	Women

DAY 2

14 September 2010

10:00 Preliminaries		
Event N°	Event	Gender
8	100m Butterfly	Men
9	200m Freestyle	Women
10	400m IM	Men
11	200m Breaststroke	Women
12	50m Breaststroke	Men
13	50m Butterfly	Women
14	800m Freestyle Timed Finals	Men

17:00 Finals		
Event N°	Event	Gender
8	100m Butterfly	Men
9	200m Freestyle	Women
10	400m IM	Men
11	200m Breaststroke	Women
12	50m Breaststroke	Men
13	50m Butterfly	Women
14	800m Freestyle Timed Finals	Men

DAY 3

10:00 Preliminaries		
Event N°	Event	Gender
15	400m Freestyle	Women
16	100m Freestyle	Men
17	100m Backstroke	Women
18	200m Backstroke	Men
19	50m Breaststroke	Women
20	50m Butterfly	Men
21	4x100m Free Relay	Women
22	4x200m Free Relay	Men

15 September 2010

17:00 Finals		
Event N°	Event	Gender
15	400m Freestyle	Women
16	100m Freestyle	Men
17	100m Backstroke	Women
18	200m Backstroke	Men
19	50m Breaststroke	Women
20	50m Butterfly	Men
21	4x100m Free Relay	Women
22	4x200m Free Relay	Men

DAY 4

10:00 Preliminaries		
Event N°	Event	Gender
23	100m Butterfly	Women
24	400m Freestyle	Men
25	100m Breaststroke	Women
26	200m Breaststroke	Men
27	800m Freestyle Timed Finals	Women
28	4x100m Free Relay	Male

16 September 2010

17:00 Finals		
Event N°	Event	Gender
23	100m Butterfly	Women
24	400m Freestyle	Men
25	100m Breaststroke	Women
26	200m Breaststroke	Men
27	800m Freestyle Timed Finals	Women
28	4x100m Free Relay	Male

DAY 5**17 September 2010**

10:00 Preliminaries		
Event N°	Event	Gender
29	200 m Butterfly	Men
30	200 m IM	Women
31	100 m Backstroke	Men
32	50 m Freestyle	Women
33	1500 m Freestyle Timed Finals	Men
34	4x100 m Medley Relay	Women

17:00 Finals		
Event N°	Event	Gender
29	200 m Butterfly	Men
30	200 m IM	Women
31	100 m Backstroke	Men
32	50 m Freestyle	Women
33	1500 m Freestyle Timed Finals	Men
34	4x100 m Medley Relay	Women

DAY 6**18 September 2010**

10:00 Preliminaries		
Event N°	Event	Gender
35	200 m Butterfly	Women
36	50 m Freestyle	Men
37	200 m Backstroke	Women
38	200 m IM	Men
39	1500 m Freestyle Timed Finals	Women
40	4x100 m Medley Relay	Men

17:00 Finals		
Event N°	Event	Gender
35	200 m Butterfly	Women
36	50 m Freestyle	Men
37	200 m Backstroke	Women
38	200 m IM	Men
39	1500 m Freestyle Timed Finals	Women
40	4x100 m Medley Relay	Men

DAY 7 : 19 September 2010**OPEN WATER : 5km Men and Women****VENUE: TBC**