

12th CANA JUNIOR SWIMMING CHAMPIONSHIPS

CAIRO, EGYPT

28 – 31 March 2017

**Swimming Championship Rules and
Regulations**

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CANA Age Group Swimming Championship Rules and Regulations

1. GENERAL

- 1.1. The swimming competition is held under the control of the Confederation Africaine de Natation (CANA) and Regulations of CANA and the Technical Rules of the Federation Internationale de Natation (FINA) respectively.
- 1.2. In cases of conflict in interpreting the rules, the English text shall prevail.
- 1.3. The working language of CANA is English and where there is a difference in the translation, the English version shall prevail.
- 1.4. In cases where CANA does not provide for the rules, FINA Rules will apply.
- 1.5. The CANA Bureau – consisting of the President, Secretary General/ Treasurer, 3 Vice Presidents and 7 Members (Total 12) – shall have complete control of all swimming events at the Junior Africa Swimming Championships.

2. PARTICIPANTS

- 2.1. All competitors must be citizens of a CANA member country and must represent such member country of which the swimmer is a citizen.
- 2.2. All swimmers shall present to the CANA Technical Committee their individual passports issued by the Authorities of their respective countries to ascertain their nationalities and correct Age Category.
- 2.3. The member country which the swimmer represents must be a fully paid-up bona fide member of CANA.
- 2.4. Member countries which are not fully paid-up bona fide members of CANA shall not be allowed to enter swimmers for any competitions held by CANA.
- 2.5. Where a member country fails to pay its subscription fee, such member country will be automatically suspended until fees have been paid in accordance with the rules and regulations of CANA.
- 2.6. If the fees are not paid before the commencement of the Swimming competitions such defaulting member country will not be affiliated to CANA any longer; and will therefore, not be able to enter swimmers for the swimming competition.

3. JURY OF APPEAL

- 3.1. The CANA Bureau acts as the Jury of Appeal on all swimming matters during CANA Competitions.

4. COMPETITION RULES AND REGULATIONS

- 4.1. CANA is responsible for the technical organization of the competition, and the management of the competitions shall be under the sole control of the CANA Bureau ("Management Committee").
- 4.2. The CANA Bureau through its Technical Committee shall perform the following functions:
 - 4.2.1. Arrange the programme of events
 - 4.2.2. Take charge of the entire management of the competition.
- 4.3. The CANA Bureau shall also appoint officials in conjunction with the host member federation and the Organising Committee. The Bureau shall appoint judges and referees that will officiate at CANA competitions, including members of the Technical Committee and officials from member federations.
- 4.4. Where a swimmer or an official has, in the opinion of the CANA delegate or the referee, committed an act of misconduct, this shall be reported to the Secretary General of CANA who shall in turn report it to the Bureau, which shall decide the appropriate action to be taken, including a report to the member federation of the offender.

5. NUMBER OF SWIMMERS, EVENTS and ACCOMPANYING OFFICIALS

- 5.1. The number of entries for the Swimming Competition and the number of accompanying team officials are as follows:

5.2. Swimming – Men and Women:

- 5.2.1. In individual events, a maximum of two swimmers per country in each event and age category. In the Relay, only one team per event.
- 5.2.2. All swimmers entered may be used in Relays and the composition may be changed between heats and finals.
- 5.2.3. In the relays, G1 swimmers may be entered in G2 relays, provided they only participate in either the G1 or G2 relay of the same event. Eg they may not participate in the G1 4 x 100 Medley Relay and then in the G2 4 x 100 Medley Relay

5.2.4.

Two Age Groups:

G1 – in 2017 Born in 2003 and 2004

G2 – in 2017 Born in 2001 and 2002

Maximum number of swimmers per team:

G1 – 6 male swimmers and 6 female swimmers

G2 – 8 male swimmers and 8 female swimmers

Total swimmers per team is 28.

5.3 In relation to swimmers entered, a member federation may receive accreditation for Team Officials as follows:

5.3.1 1 (one) official for 1 to 2 swimmers

5.3.2 2 (two) officials for 3 to 5 swimmers

5.3.3 4 (four) officials for up to 14 swimmers

5.3.4 5 (five) officials for up to 20 swimmers

5.3.5 6 (six) officials for over 20 swimmers

5.4 The order of the programme as well as the order of competitions shall be determined by the Bureau after consultation with the Technical Committee and the Organising Federation.

5.5 There shall be heats and finals for all swimming events, except 800m and 1500m Freestyle. These events will be swum as Timed Finals.

5.6 200 Butterfly, 400 IM and 800m Freestyle and 1500m Freestyle will be combined age group events (G1 and G2). Each country may enter two swimmers per event

5.7 Individual swimmers and Relay Teams shall be seeded for the heats in accordance with the times submitted on the official entry form. A draw will be held for those with individual times but swimmers who do not submit times shall be placed at the end lanes, in alphabetical order.

5.8 Swimmers shall advance to the finals on the basis of their placement in the heats. If there is a dead heat for the 8th place, a swim-off shall take place to determine who advances to the 8th place, and this will take place one hour after the conclusion of all heats in the appropriate event.

5.9 Assignment of lanes in heats and finals shall be as follows:

Lane 4 –fastest time

Lane 5 – second fastest time

Lane 3 –third fastest time

Lane 6 – fourth fastest time

Lane 2 – fifth fastest time

Lane7 – sixth fastest time

Lane 1 – seventh fastest time

Lane 8 – eighth fastest time

5.10 The programme of events for CANA Age Group Championships is as follows:

5.10.1 MEN:

Freestyle: 50m, 100m, 200m, 400m, 1500m

Backstroke: 50m, 100m, 200m

Breaststroke: 50m, 100m, 200m,

Butterfly: 50m, 100m, 200m,

Individual Medley: 200m, 400m

Freestyle Relay: 4x100m, 4x200m

Medley Relay: 4x100m

5.10.2 WOMEN:

Freestyle: 50m, 100m, 200m, 400m, 800m

Backstroke: 50m, 100m, 200m

Breaststroke: 50m, 100m, 200m,

Butterfly: 50m, 100m, 200m,

Individual Medley: 200m, 400m

Freestyle Relay: 4x100m, 4x200m

Medley Relay: 4x100m

5.10.3 MIXED

Freestyle Relay: 4x100m

Medley Relay: 4x100m

6 ENTRIES

- 6.1 Member countries of CANA wishing to take part in the CANA Age Championships shall send preliminary entries to the Organising Committee no later than the 31 January 2017. A copy of the entry shall be sent simultaneously to the Secretary General of CANA.
- 6.2 Second Provisional Entry indicating the number of swimmers, coaches and officials should be received by the Organising Committee and copy sent simultaneously to the Secretary General of CANA.
- 6.3 The final list of entries with the names of the swimmers in the various events shall be received by the 7 March 2017 by the Organising Committee and the Secretary General of CANA.
- 6.4 Each member country of CANA may enter two swimmers in each individual event and one team in each relay event. There will be no time standards.
- 6.5 All swimmers entered in swimming events may be used as reserves in Relay teams. The composition of a Relay Team may be changed between the heats and finals of an event, provided that it is made up from the list of swimmers entered by the member country, one hour before the event.
- 6.6 The Names of Swimmers in the relay must be submitted on the official relay entry form in the correct order and in the medley relay, the stroke must be specified, at least one hour before the start of the session in which the relay will be swum.
- 6.7 The maximum number of participating swimmers from each country is 14 men and 14 women.
- 6.8 The minimum number of swimmers for each individual event shall be five.
- 6.9 The minimum number for the Relay Events is also four.
- 6.10 If the above conditions are not fulfilled the said event may be cancelled at the discretion of the CANA Bureau.

7 TEAM LEADERS MEETING

The Team Leaders Meeting will be held on the 27 March 2017 at 11:00am

8 TECHNICAL OFFICIALS MEETING

Meeting for all Technical Officials will be held on the 27 March 2017 at 17:00

9 SUBSTITUTION, WITHDRAWAL AND PROTESTS

9.1 Substitution

- 9.1.1 Any entered competitor may be substituted by another entered competitor at the Team Leaders Meeting.
- 9.1.2 It is mandatory for the Team Managers of the Countries to take part in the Team Leaders Meeting (GR7.1)

9.2 Withdrawal

- 9.2.1 Swimmers or relay teams not wishing to take part in a final in which qualification was earned, shall withdraw within thirty (30) minutes following the preliminaries of the event in which qualification took place.
- 9.2.2 The Member Federation of any competitor who withdraws from the heats/preliminary rounds after the Team Leaders Meeting or from the final more than thirty (30) minutes after the preliminaries of the event in which qualification was earned, shall pay to the Honorary Treasurer the sum of one hundred (100) Swiss Francs, in the case of a relay, the sum shall be two hundred (200) Swiss Francs

9.3 Protests

- 9.3.1 Protests are possible (GR 9.2.1):
 - 9.3.1.1 If the rules and regulations for the conduct of the competition are not observed
 - 9.3.1.2 If other conditions endanger the competitions and /or competitors, or
 - 9.3.1.3 Against decisions of the referee; however, no protest shall be allowed against decisions of fact
- 9.3.2 Protest must be submitted (GR 9.2.2)
 - 9.3.2.1 To the referee
 - 9.3.2.2 In writing on CANA Forms
 - 9.3.2.3 By the responsible team leader
 - 9.3.2.4 Together with a deposit of 100 Swiss Francs or its equivalent and
 - 9.3.2.5 Within 30 minutes following the conclusion of the respective event (heats or finals)

- 9.3.3 If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given

10 AWARDS

10.1 Medals shall be awarded to the swimmers in each individual and each Relay Event as follows:

First – Gold Medal

Second – Silver Medal

Third – Bronze Medal

In the case of equal times, medals shall be awarded as follows (GR9.7.2.1)

1st place: 2 gold – no silver, 1 bronze

2nd place: 1 gold, 2 silver – no bronze

3rd place: 1 gold, 1 silver, 2 bronze

10.2 In the case of 3 equal times, medals shall be awarded as follows (GR9.7.2.2)

1st place: 3 gold - no silver, no bronze

2nd place: 1 gold, 3 silver – no bronze

3rd place: 1 gold, 1 silver, 3 bronze

TROPHIES (7)

10.3 Best Team Gold Medal Count (Male G 1 and G2 and Female G1 and G2)

10.4 Best male Team Gold Medal count (Male G1 and Male G2)

10.5 Best female Team Gold Medal Count (Female G1 and Female G2)

Where there is a tie in the number of gold medals, the number of silver medals will be used, likewise if a tie persists then the number of bronze will be used to determine the winner

10.6 Best G1 Female – FINA Points table – best performance

10.7 Best G1 Male – FINA Points – best performance

10.8 Best G2 Female – FINA Points – best performance

10.9 Best G2 Male – FINA Points – best performance

11 MEDICAL AND DOPE TESTING

- 11.1 A medical officer who shall be present throughout the competition, shall be provided by the Organising Committee.
- 11.2 Facilities for doping control shall be provided, in accordance with FINA Rules.
- 11.3 CANA, in recognition that the use of substances or practices which artificially enhance a swimmer's performance is illegal, and in recognition that there is a necessity to fight this malpractice, shall implement random testing during training and at any time in and out of competition according to the decision of the CANA Bureau.
- 11.4 The banned substances and practices are those contained in the FINA list.
- 11.5 The doping control shall also be carried out according to FINA Rules and the tests shall be made at laboratories appearing in the international Olympic Committee approved list.
- 11.6 The number of tests to be carried out at any CANA event shall be decided by the CANA Bureau in collaboration with the Organising Committee.
- 11.7 Where a swimmer tests positive, the said swimmer shall be sanctioned by the CANA Bureau in accordance with FINA Rules.

12 TECHNICAL EQUIPMENT

- 12.1 The host country shall ensure that automatic officiating equipment is installed in the Swimming Pool in accordance with FINA Rules.
- 12.2 The Secretary General of CANA shall also certify that all technical equipment and electronic timing devices at the venue of the swimming events are correct and in working order before any competition begins.
- 12.3 The Swimming Pool must be a 50 meter Olympic standard pool. A surveyor's certificate must be presented before the start of the competition.

13 TRAINING POOLS

- 13.1 Training pools shall be provided three days prior to the competition and during the competition and two days after the competition.
- 13.2 A time-table shall be provided and distributed to all participating member countries, on or before the commencement of training for the competition.

14 SWIMWEAR AND ADVERTISING

14.1 Swimwear

- 14.1.1 The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive (GR5.1)
- 14.1.2 All swimsuits shall be non-transparent (GR5.2)
- 14.1.3 The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this Rule (GR5.3)
- 14.1.4 In swimming competitions the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands, or leg bands shall be regarded as parts of a swimsuit (BL8.2)
- 14.1.5 No strapping will be permitted
- 14.1.6 Swimwear for men shall not extend above the navel or below the knee.
- 14.1.7 Swimwear for women, shall not cover the neck, extend past the shoulder, nor shall extend below the knee. All swimsuits shall be made from textile materials (BL 8.3)

14.2 Advertising

14.2.1 Swimsuits (BL 7.1.1)

- 14.2.1.1 One (1) manufacturer's logo of a maximum size of 20 square centimetres when worn.
- 14.2.1.2 Where one-piece body suits are used, two (2) logos of the manufacturer shall be permitted, one above the waist and one below the waist of a maximum size of 20 square centimetres each when worn.
- 14.2.1.3 These two (2) logos of the manufacturer shall not be placed immediately adjacent to each other.
- 14.2.1.4 Where two-piece body suits are used, the two (2) logos of the manufacturer shall be placed on one part each
- 14.2.1.5 One (1) flag and one (1) country name or code of a maximum of 20 square centimetres when worn
- 14.2.1.6 One (1) sponsor's logo of a maximum of 20 square centimetres when worn

14.2.2 Caps

- 14.2.2.1 One (1) manufacturer's logo of a maximum size of 20 square centimetres on the front.
- 14.2.2.2 One (1) Partner's logo of the size decided by FINA from case to case.
- 14.2.2.3 One (1) flag and or country name (code) of the size of 32 square centimetres. The side on which the flag and the country name (code) shall be printed will be advised by CANA
- 14.2.2.4 Athlete's name, of the size of 20 Square centimetres. The athlete's name shall be printed on the same side as the flag and country name (code).

14.2.3 Goggles (BL 7.1.3)

- 14.2.3.1 Two (2) manufacturer logos of maximum 6 square centimetres are allowed on the goggles, but only on the spectacle frame or band

14.2.4 General

- 14.2.4.1 Towels and bags may carry two advertisements. Track suits and officials' uniforms may carry two advertisements, one on the top and two on trousers or skirts.
- 14.2.4.2 A manufacturer's or sponsor's logo may be repeated but the same name may only be used once in each article or garment.
- 14.2.4.3 Advertising for tobacco or alcohol is prohibited

- 14.3 Smoking shall not be permitted in any area designated for swimmers, either prior to or during competitions.

12th CANA AGE GROUP SWIMMING PROGRAMME

Number of Swimmers per event: 2 per country

G1 Born 2003 and 2004

G2 Born 2001 and 2002

DAY 1

10:00 Preliminaries			17:00 Finals		
Event N°	Event	Gender	Event N°	Event	Gender
1	200m Freestyle	G1 Women	1	200m Freestyle	G1 Women
2	200m Freestyle	G2 Women	2	200m Freestyle	G2 Women
3	200m Freestyle	G1 Men	3	200m Freestyle	G1 Men
4	200m Freestyle	G 2 Men	4	200m Freestyle	G 2 Men
5	100m Breaststroke	G1 Women	5	100m Breaststroke	G1 Women
6	100m Breaststroke	G2 Women	6	100m Breaststroke	G2 Women
7	100m Breaststroke	G1 Men	7	100m Breaststroke	G1 Men
8	100m Breaststroke	G 2 Men	8	100m Breaststroke	G 2 Men
9	50m Butterfly	G1 Women	9	50m Butterfly	G1 Women
10	50m Butterfly	G2 Women	10	50m Butterfly	G2 Women
11	50m Butterfly	G1 Men	11	50m Butterfly	G1 Men
12	50m Butterfly	G 2 Men	12	50m Butterfly	G 2 Men
13	200m Individual Med	G1 Women	13	200m Individual Med	G1 Women
14	200m Individual Med	G2 Women	14	200m Individual Med	G2 Women
15	200m Individual Med	G1 Men	15	200m Individual Med	G1 Men
16	200m Individual Med	G 2 Men	16	200m Individual Med	G 2 Men
17	4 x 100m Free Relay	G1 Mixed	17	4 x 100m Free Relay	G1 Mixed
18	4 x 100m Free Relay	G2 Mixed	18	4 x 100m Free Relay	G2 Mixed
19	4 x 200m Free Relay	G2 Men	19	4 x 200m Free Relay	G2 Men

DAY 2

10:00 Preliminaries			17:00 Finals		
Event N°	Event	Gender	Event N°	Event	Gender
20	400m Freestyle	G1 Women	20	400m Freestyle	G1 Women
21	400m Freestyle	G2 Women	21	400m Freestyle	G2 Women
22	400m Freestyle	G1 Men	22	400m Freestyle	G1 Men
23	400m Freestyle	G2 Men	23	400m Freestyle	G2 Men
24	50m Breaststroke	G1 Women	24	50m Breaststroke	G1 Women
25	50m Breaststroke	G2 Women	25	50m Breaststroke	G2 Women
26	50m Breaststroke	G1 Men	26	50m Breaststroke	G1 Men
27	50m Breaststroke	G2 Men	27	50m Breaststroke	G2 Men
28	100m Backstroke	G1 Men	28	100m Backstroke	G1 Men
29	100m Backstroke	G2 Women	29	100m Backstroke	G2 Women
30	100m Backstroke	G1 Men	30	100m Backstroke	G1 Men
31	100m Backstroke	G2 Men	31	100m Backstroke	G2 Men
32	200m Butterfly	G1 and G2 Women	32	200m Butterfly	G1 and G2 Women
33	200m Butterfly	G1 and G2 Men	33	200m Butterfly	G1 and G2 Men
34	4 x 100m Med Relay	G1 Mixed	34	4 x 100m Med Relay	G1 Mixed
35	4 x 100m Med Relay	G2 Mixed	35	4 x 100m Med Relay	G2 Mixed
36	4 x 200m Free Relay	G2 Women	36	4 x 200m Free Relay	G2 Women

DAY 3

10:00 Preliminaries			17:00 Finals		
Event N°	Event	Gender	Event N°	Event	Gender
37	50m Freestyle	G1 Women	37	50m Freestyle	G1 Women
38	50m Freestyle	G2 Women	38	50m Freestyle	G2 Women
39	50m Freestyle	G1 Men	39	50m Freestyle	G1 Men
40	50m Freestyle	G2 Men	40	50m Freestyle	G2 Men
41	200m Breaststroke	G1 Women	41	200m Breaststroke	G1 Women
42	200m Breaststroke	G2 Women	42	200m Breaststroke	G2 Women
43	200m Breaststroke	G1 Men	43	200m Breaststroke	G1 Men
44	200m Breaststroke	G2 Men	44	200m Breaststroke	G2 Men
45	50m Backstroke	G1 Men	45	50m Backstroke	G1 Men
46	50m Backstroke	G2 Women	46	50m Backstroke	G2 Women
47	50m Backstroke	G1 Men	47	50m Backstroke	G1 Men
48	50m Backstroke	G2 Men	48	50m Backstroke	G2 Men
49	800m Freestyle	G1 and G2 Women	49	800m Freestyle	G1 and G2 Women
50	1500m Freestyle	G1 and G2 Men	50	1500m Freestyle	G1 and G2 Men
51	4 x 100 Freestyle Relay	G1 Women	51	4 x 100 Freestyle Relay	G1 Women
52	4 x 100 Freestyle Relay	G2 Women	52	4 x 100 Freestyle Relay	G2 Women
53	4 x 100 Freestyle Relay	G1 Men	53	4 x 100 Freestyle Relay	G1 Men
54	4 x 100 Freestyle Relay	G2 Men	54	4 x 100 Freestyle Relay	G2 Men

DAY 4

10:00 Preliminaries			17:00 Finals		
Event N°	Event	Gender	Event N°	Event	Gender
55	100 Freestyle	G1 Women	55	100 Freestyle	G1 Women
56	100 Freestyle	G2 Women	56	100 Freestyle	G2 Women
57	100 Freestyle	G1 Men	57	100 Freestyle	G1 Men
58	100 Freestyle	G2 Men	58	100 Freestyle	G2 Men
59	200 Backstroke	G1 Women	59	200 Backstroke	G1 Women
60	200 Backstroke	G2 Women	60	200 Backstroke	G2 Women
61	200 Backstroke	G1 Men	61	200 Backstroke	G1 Men
62	200 Backstroke	G2 Men	62	200 Backstroke	G2 Men
63	100 Butterfly	G1 Men	63	100 Butterfly	G1 Men
64	100 Butterfly	G2 Women	64	100 Butterfly	G2 Women
65	100 Butterfly	G1 Men	65	100 Butterfly	G1 Men
66	100 Butterfly	G2 Men	66	100 Butterfly	G2 Men
67	400 Individual Medley	G1 and G2 Women	67	400 Individual Medley	G1 and G2 Women
68	400 Individual Medley	G1 and G2 Men	68	400 Individual Medley	G1 and G2 Men
69	4 x 100m Med Relay	G1 Women	69	4 x 100m Med Relay	G1 Women
70	4 x 100m Med Relay	G2 Women	70	4 x 100m Med Relay	G2 Women
71	4 x 100m Med Relay	G1 Men	71	4 x 100m Med Relay	G1 Men
72	4 x 100m Med Relay	G2 Men	72	4 x 100m Med Relay	G2 Men