



**Kampala, Friday 08 October 2021**

*Via email*

Dear President/Secretary General,

**CANA Zone III:** (1) Burundi, (2) Djibouti, (3) Eritrea, (4) Ethiopia, (5) Kenya, (6) Rwanda, (7) Somalia, (8) Sudan, (9) Tanzania and (10) Uganda.

**CANA Zone IV:** (1) Angola, (2) Botswana, (3) Comoros, (4) Lesotho, (5) Madagascar, (6) Malawi, (7) Mauritius, (8) Mozambique, (9) Namibia, (10) Seychelles, (11) South Africa, (12) Swaziland, (13) Zambia and (14) Zimbabwe.

**RE: SUMMONS FOR THE 6TH EDITION OF THE CANA ZONE III CHAMPIONSHIPS, 09 – 12 DECEMBER 2021, KAMPALA, UGANDA**

On behalf of CANA Zone III, the Uganda Swimming Federation is honoured to invite you to participate in **The 6<sup>th</sup> Edition of the CANA Zone III Championships** from **09 – 12 December 2021**, in **Kampala** (“**the Championships**”) and hereby issues these Summons to all CANA Zone III & IV Member National Federations (NFs).

**1. Intention to Participate Form**

NFs intending to participate in the Championships are requested to return the completed **Intention to Participate Form** by **29 October 2021**.

**2. Preliminary Team Entry Forms/Athletes Information/Accommodation**

NFs are requested to return Preliminary Team Entry Forms, Athletes Information and Accommodations booking by **08 November 2021**.

**3. Final Entry Forms & Sport Entries**

All Federations participating **MUST** complete the above forms and return them to the organizers by **22 November 2021** without fail. Entries will be completed and shared with all participating Federations for corrections and checking. Please take note of the following –

- a) Each country is allowed to have only **two (2) swimmers per country per event**.
- b) Each country is allowed only **one (1) team per country per relay event**.
- c) The Host Country may enter a Team B or by whatever name called, provided they will not score points.
- d) All entries must have proof of times attached.

#### 4. Doping Control

All Federations MUST BE AWARE THAT PARTICIPANTS may be tested at random at the Championship as per the laid down Anti Doping Rules.

#### 5. Swimwear

All swimwear must conform to the FINA rules currently in force.

#### 6. Accommodation Charges

The Official Championship hotel is **BUKOTO HEIGHTS APARTMENTS** and **KABIRA COUNTRY CLUB**. Cost per person per day on a sharing basis will be **US\$ 100** or **US\$ 130 for single occupancy per day**. This cost is full board and will cover breakfast, lunch, airport transfers and transportation to the Championships Venue and Hotels.

#### 7. Payment For Accommodation

For purposes of securing reservations payments must be made as follows –

- a) A 50% deposit on accommodation must be sent by **08 November 2021**.
- b) The remaining accommodation payments should be made by **22 November 2021**.

c) Bank Details

Payments shall be made by bank or wire transfer to –

Bank: **DFCU Bank Limited**  
Account Number: **0217 3501 0593 04**  
Swift Code: **DFCUUGKA**  
Account Name: **Uganda Swimming Federation**

ALL TRANSFERS MUST INDICATE THE COUNTRY'S NAME and all remittances should include banking charges to be paid for by the sender when they process the transfer. Please email a scanned copy of the payment instructions and confirmation to [ugandaswimmingfed@gmail.com](mailto:ugandaswimmingfed@gmail.com).

#### 8. Accreditation

- a) All entry to the Competition Venue will strictly be by an accreditation card.
- b) Kindly send an electronic passport size photograph for each participant, with the participant's full name and surname as the passport images name (also indicate "**SW**" for swimmer, or "**TM**" for Team Management) e.g. **SW John YOKANA.jpeg** or **TM Hope SSUUBI.jpeg**
- c) Please send these with your FINAL ENTRY FORMS by **22 November 2021**.

#### 9. Team Leaders'/Managers' Meeting

A Team Leader/Managers' meeting will be held on **08 December 2021** the Championship Venue [**Kampala International School of Uganda (KISU)**] ([www.kisu.com](http://www.kisu.com)). It is a requirement for all managers/leaders to attend this meeting. It will be at this meeting that any changes to entries may be made. Failure to attend this Meeting will result in an automatic fine of **US\$ 100 per Rule 9.3 of CANA Zone III Competition Rules/Manual**.

## 10. Visas

Each NF requiring an entry visa is requested to immediately forward scanned copies of passport data pages and passport size photographs for each member of the delegation to facilitate preparation of a visa support letter, in case the visa cannot be granted upon arrival at Entebbe International Airport.

## 11. Competition Rules/Program

- a) FINA Rules shall apply.
- b) The one start rule shall be applied.
- c) The competition will take place in a 25m pool.
- d) Age groups shall be 12&under, 13-14, 15-16 and 17&over.
- e) Medals will be awarded to the first 3 positions in each event. (ie Bronze, Silver, Gold);
- f) Age group victor/victrix will be awarded.
- g) Points awarded as per CANA Rules. Bronze – 1 Point, Silver – 3 Points and Gold – 6 points.
- h) Points will be allocated for places 1 – 15 and will be as follows –  
1<sup>st</sup> – 18, 2<sup>nd</sup> – 16, 3<sup>rd</sup> – 14, 4<sup>th</sup> – 12, 5<sup>th</sup> – 11, 6<sup>th</sup> 10, 7<sup>th</sup> – 9, 8<sup>th</sup> – 8, 9<sup>th</sup> – 7, 10<sup>th</sup> – 6, 11<sup>th</sup> – 5, 12<sup>th</sup> – 4, 13<sup>th</sup> – 3, 14<sup>th</sup> – 2 and 15<sup>th</sup> – 1.
- i) All events will be swum as timed finals. THEREFORE, ENTRY TIMES are essential for seeding purposes. Entries with no times will be accepted.
- j) The OPENING CEREMONY is due on **Thursday 09 December 2021** and must be attended by all Teams.
- k) Find the Order of Events below.

## 12. National Flag

Teams are requested to come with their national flags for the Opening and Closing Ceremonies.

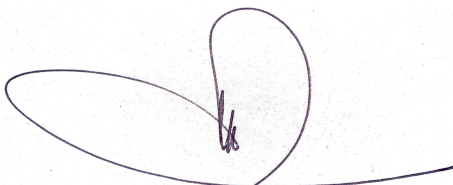
## 13. Contact Details

ALL forms/confirmation, enquiries etc should be Emailed to [ugandaswimmingfed@gmail.com](mailto:ugandaswimmingfed@gmail.com) within the stated deadlines.

You are requested to carefully read the **CANA Zone III Championships Competition and Host Manual** and to promptly fill and return the Intention to Participate Form and all other Forms herewith attached.

All Competition Documents and updates will be posted on the Official Website of the Uganda Swimming Federation [www.ugandaaswimmingfed.org](http://www.ugandaaswimmingfed.org).

Yours sincerely,



Moses B. MWASE  
**P R E S I D E N T**



Max KANYEREZI  
**SECRETARY GENERAL**

# **ORDER OF EVENTS (SWIMMING)**

**Day 1 – Friday 09 December 2021**

## **Morning Session – Start: 9.00 am**

Event 1	Girls	14 & Under	800M Freestyle
Event 2	Boys	14 & Under	800M Freestyle
Event 3	Girls	15 & Over	800M Freestyle
Event 4	Boys	15 & Over	800M Freestyle
Event 5	Girls	12 & Under	50M Breaststroke
Event 6	Boys	12 & Under	50M Breaststroke
Event 7	Girls	13-14	50M Breaststroke
Event 8	Boys	13-14	50M Breaststroke
Event 9	Girls	15-16	50M Breaststroke
Event 10	Boys	15-16	50M Breaststroke
Event 11	Girls	17 & Over	50M Breaststroke
Event 12	Boys	17 & Over	50M Breaststroke

### **Medal Presentation for 800M Freestyle and 50M Backstroke**

Event 13	Girls	12 & Under	100M Backstroke
Event 14	Boys	12 & Under	100M Backstroke
Event 15	Girls	13-14	100M Backstroke
Event 16	Boys	13-14	100M Backstroke
Event 17	Girls	15-16	100M Backstroke
Event 18	Boys	15-16	100M Backstroke
Event 19	Girls	17 & Over	100M Backstroke
Event 20	Boys	17 & Over	100M Backstroke

**LUNCH BREAK**

## **Afternoon Session – Start 2:00 pm**

### **Opening Ceremony and Medal Presentation for 100 Backstroke**

Event 21	Girls	14 & Under	200M Medley Relay
Event 22	Boys	14 & Under	200M Medley Relay
Event 23	Girls	15 & Over	200M Medley Relay
Event 24	Boys	15 & Over	200M Medley Relay
Event 25	Girls	12 & Under	200M Breaststroke
Event 26	Boys	12 & Under	200M Breaststroke
Event 27	Girls	13-14	200M Breaststroke
Event 28	Boys	13-14	200M Breaststroke
Event 29	Girls	15-16	200M Breaststroke
Event 30	Boys	15-16	200M Breaststroke
Event 31	Girls	17 & Over	200M Breaststroke
Event 32	Boys	17 & Over	200M Breaststroke

### **Medal Presentation for 200M Medley Relay and 200M Backstroke**

Event 33	Girls	12 & Under	50M Backstroke
Event 34	Boys	12 & Under	50M Backstroke
Event 35	Girls	13-14	50M Backstroke
Event 36	Boys	13-14	50M Backstroke
Event 37	Girls	15-16	50M Backstroke
Event 38	Boys	15-16	50M Backstroke
Event 39	Girls	17 & Over	50M Backstroke
Event 40	Boys	17 & Over	50M Backstroke
Event 41	Mixed	14 & Under	200M Mixed Freestyle Relay
Event 42	Mixed	15 & Over	200M Mixed Freestyle Relay

## **Day 2 Friday 10 December 2021**

### **Morning Session – Start: 9.00 am**

Event 43	Girls	12 & Under	200M Freestyle
Event 44	Boys	12 & Under	200M Freestyle
Event 45	Girls	13-14	200M Freestyle
Event 46	Boys	13-14	200M Freestyle
Event 47	Girls	15-16	200M Freestyle
Event 48	Boys	15-16	200M Freestyle
Event 49	Girls	17 & Over	200M Freestyle
Event 50	Boys	17 & Over	200M Freestyle
<b>Medal Presentation for 50M Backstroke, 200M Freestyle Relay and 200M Freestyle</b>			
Event 51	Girls	12 & Under	50M Butterfly
Event 52	Boys	12 & Under	50M Butterfly
Event 53	Girls	13-14	50M Butterfly
Event 54	Boys	13-14	50M Butterfly
Event 55	Girls	15-16	50M Butterfly
Event 56	Boys	15-16	50M Butterfly
Event 57	Girls	17 & Over	50M Butterfly
Event 58	Boys	17 & Over	50M Butterfly
Event 59	Girls	14 & Under	400M Freestyle Relay
Event 60	Boys	14 & Under	400M Freestyle Relay
Event 61	Girls	15 & Over	400M Freestyle Relay
Event 62	Boys	15 & Over	400M Freestyle Relay
<b>Medal Presentation for 50M Butterfly and 400M Freestyle Relay</b>			
Event 63	Girls	14 & Under	400M Freestyle
Event 64	Boys	14 & Under	400M Freestyle
Event 65	Girls	15 & Over	400M Freestyle
Event 66	Boys	15 & Over	400M Freestyle

### **Afternoon Session – Start 2:00 pm**

Event 67	Girls	12 & Under	100M Butterfly
Event 68	Boys	12 & Under	100M Butterfly
Event 69	Girls	13-14	100M Butterfly
Event 70	Boys	13-14	100M Butterfly
Event 71	Girls	15-16	100M Butterfly
Event 72	Boys	15-16	100M Butterfly
Event 73	Girls	17 & Over	100M Butterfly
Event 74	Boys	17 & Over	100M Butterfly
<b>Medal Presentation for 400M Freestyle and 100M Butterfly</b>			
Event 75	Girls	12 & Under	200M Backstroke
Event 76	Boys	12 & Under	200M Backstroke
Event 77	Girls	13-14	200M Backstroke
Event 78	Boys	13-14	200M Backstroke
Event 79	Girls	15-16	200M Backstroke
Event 80	Boys	15-16	200M Backstroke
Event 81	Girls	17 & Over	200M Backstroke
Event 82	Boys	17 & Over	200M Backstroke
<b>Medal Presentation for 200M Backstroke</b>			
Event 83	Mixed	14 & Under	200M Mixed Medley Relay
Event 84	Mixed	15 & Over	200M Mixed Medley Relay

### **Day 3 – Saturday 11 December 2021**

#### **Morning Session – Start: 9.00 am**

Event 85	Girls	12 & Under	100M Breaststroke
Event 86	Boys	12 & Under	100M Breaststroke
Event 87	Girls	13-14	100M Breaststroke
Event 88	Boys	13-14	100M Breaststroke
Event 89	Girls	15-16	100M Breaststroke
Event 90	Boys	15-16	100M Breaststroke
Event 91	Girls	17 & Over	100M Breaststroke
Event 92	Boys	17 & Over	100M Breaststroke
<b>Medal Presentation for 200M Mixed Medley Relay and 100M Breaststroke</b>			
Event 93	Girls	12 & Under	50M Freestyle
Event 94	Boys	12 & Under	50M Freestyle
Event 95	Girls	13-14	50M Freestyle
Event 96	Boys	13-14	50M Freestyle
Event 97	Girls	15-16	50M Freestyle
Event 98	Boys	15-16	50M Freestyle
Event 99	Girls	17 & Over	50M Freestyle
Event 100	Boys	17 & Over	50M Freestyle
Event 101	Girls	14 & Under	200M Butterfly
Event 102	Boys	14 & Under	200M Butterfly
Event 103	Girls	15-16	200M Butterfly
Event 104	Boys	15-16	200M Butterfly
Event 105	Girls	17 & Over	200M Butterfly
Event 106	Boys	17 & Over	200M Butterfly
<b>LUNCH BREAK</b>			

#### **Afternoon Session – Start 2:00 pm**

<b>Medal Presentation for 50M Freestyle and 200M Butterfly</b>			
Event 107	Girls	12 & Under	100M Freestyle
Event 108	Boys	12 & Under	100M Freestyle
Event 109	Girls	13-14	100M Freestyle
Event 110	Boys	13-14	100M Freestyle
Event 111	Girls	15-16	100M Freestyle
Event 112	Boys	15-16	100M Freestyle
Event 113	Girls	17 & Over	100M Freestyle
Event 114	Boys	17 & Over	100M Freestyle
<b>Medal Presentation for 100M Freestyle</b>			
Event 115	Girls	12 & Under	200M Individual Medley
Event 116	Boys	12 & Under	200M Individual Medley
Event 117	Girls	13-14	200M Individual Medley
Event 118	Boys	13-14	200M Individual Medley
Event 119	Girls	15-16	200M Individual Medley
Event 120	Boys	15-16	200M Individual Medley
Event 121	Girls	17 & Over	200M Individual Medley
Event 122	Boys	17 & Over	200M Individual Medley
<b>Medal Presentation for 200M Individual Medley</b>			
Event 123	Girls	14 & Under	200M Freestyle Relay
Event 124	Boys	14 & Under	200M Freestyle Relay
Event 125	Girls	15 & Over	200M Freestyle Relay
Event 126	Boys	15 & Over	200M Freestyle Relay
<b>Medal Presentation for 200M Freestyle Relay</b>			
<b>Closing Ceremony and Award of Diplomas and Trophies</b>			